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[ARCHIVED] April 17, 2020 City of Fremont Update in Response to COVID-19



Today's City of Fremont update highlights COVID-19 scams and seniors; virtual community meeting for the Centerville Complete Streets Project; and Zoom classes for seniors.

COVID-19 Scams and Seniors

COVID-19 is a world-wide emergency like we've never seen. Scammers are coming out of the dark using fear and false hope to get your money or information. Common claims include: Home test kits; A cure; Your Social Security number is about to be revoked; and Your loved one is in trouble.

- Scammers ask for your bank account and routing number to "help" you get your relief money.
- Scammers send fake emails that look real but are really just stealing your personal information or if you click on a link, puts malware on your computer, tablet or phone.
- Scammers call (and call and call) using illegal robocalls to pitch the latest fraud.
- Scammers use text messages and social media to get your information and your money.

Our senior community is particularly vulnerable to victimization. If you or a loved one receives information or requests that seem suspicious, take time to examine the request before you act.

Here are some ways to protect yourself and those you love from scammers:

- Don't be rushed. Whatever the call, email, text, or social media post is about, remember that scammers try to rush you. Legit people don't.
- Check it out. Before you act on something or share it – stop. Do some research. Do the facts back up the story?
- Pass it on. If you get offered something great, or you're worried about something alarming: talk to someone you trust before you act. What do they think?
- Avoid online offers for Coronavirus-related vaccines or cures; they aren't legitimate.
- Do not click on links or download files from unexpected emails, even if the email address looks like a company or person you recognize. Ditto for text messages and unfamiliar websites.
- Do not share personal information such as Social Security, Medicare and credit card numbers in response to an unsolicited call, text or email.
- Be wary of fundraising calls or emails seeking money for Coronavirus victims or disease research, especially if they pressure you to act fast and request payment by prepaid debit cards or gift cards.
- Ignore phone calls or emails from strangers urging you to invest in a hot new Coronavirus stock.

If you believe you have been a victim of a scam, please contact the Fremont Police Department at 510-790-6800. You can file a police report [online](#) and get more information on the [Police Department website](#). Find [answers to many fraud/scam-related questions](#).

If you need to reach **Legal Assistance for Seniors**, please call 510-832-3040 and leave a message or visit their [website](#).

If you would like to schedule a phone counseling appointment with **HICAP (Health Insurance Counseling & Advocacy Program)**, please call 510-893-0393 or visit their [website](#).

Please be patient, as there may be delays in response time.

Just like you wash your hands and use social/physical distancing to stay safe during this unprecedented time, keep your eyes open to potential scams and don't be a victim. The more you know, the more you can help yourself or someone you love.

Virtual Community Meeting for the Centerville Complete Streets Project

Please join the City of Fremont virtually for the second community meeting for the Centerville Complete Streets Project to provide your input and review design alternatives. The virtual community meeting will take place Wednesday, April 22, 2020, from 6:30 pm – 8:00 pm.

Community members will be able to provide feedback on potential street designs for the Centerville Complete Streets project. Street design alternatives include different options for number of travel lanes, parking, bicycle facilities, landscaping, outdoor seating, transit amenities, and pedestrian crossing improvements.

This virtual community meeting will be interactive and conducted using Zoom, an online video/audio conferencing platform. Meeting participants can join by desktop, tablet, or phone. The meeting will include a presentation describing the design alternatives followed by an interactive session where community members will discuss and provide input.

For more information visit [Centerville Complete Streets webpage](#).
[Sign-up to participate at the meeting](#).

View the [meeting flier](#).

Zoom Classes for Seniors

Are you a senior looking to stay active during the Shelter in Place? If so, sign up to attend the following Zoom classes offered by the Fremont Senior Center. Simply complete the [online registration form](#) and then send it via [email to Nick Jordan](#).

Schedule

- Monday: Chair Yoga with Shari Gent (3:00 - 4:00 pm)
- Tuesday: Creative Writing with Justin Go (10:00 – 11:00 am)*
- Tuesday: Ukulele with Comfort and Joy (3:00 - 4:30 pm)*
- Wednesday: Hatha Yoga with Jana Sokale (3:00 - 4:00 pm)
- Thursday: Chronic Pain Support Group with James Weil (12:00 - 3:00 pm) (3rd Thursday of the month)
- Friday: Tai Chi for Arthritis with Joey Tchang (9:30-10:30 am)
- Friday: Let's Keep It Moving with Pat Tchang 10:35-11:35 am)

*** Tuesday classes not accepting new seniors at this time; only offering these Zoom classes to existing Senior Center participants.**